

7TH September 2014

JEREMY COLE COMPLETES GREAT NORTH RUN FOR 9TH TIME



Jeremy Cole (centre) with friends Rob Archer (left) and Mark Jones (right) after the race

Jeremy Cole, partner at Manchester corporate finance firm Cole Associates Corporate Finance completed the Great North Run (half marathon) for the 9th time on Sunday 7th September. The race, which has taken place every year since 1981 featured the 1,000,000th runner to cross the line. Jeremy's time, 1 hour 50 minutes was 5 minutes outside his personal best but not a bad result in warm conditions. The course, which starts in Newcastle, crosses the Tyne and heads along the south side of the Tyne estuary to finish in South Shields was packed with 50,000 runners. Mo Farrar won the race, finishing a tad quicker than Jeremy – 1 hour exactly.

Jeremy commented "The GNR is always an exciting event to take part in due to the sheer scale of the field. It's really well organised and there's a huge feel good factor around with the fantastic amounts of money being raised for a wide variety of charities."

Jeremy's next run is the Chester 'Metric Marathon' on 5 October – 26 kilometres. The longest distance he's ever run.